

OLIVIA FIELDS

DIRECTOR - RISK MANAGEMENT



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SANTA MONICA CA

RISK STRATEGY & HEALTHCARE INNOVATION

Strategic healthcare leader with over a decade of experience at the intersection of clinical care, data-driven risk strategy, and wellness program innovation. Proven success in integrating AI tools, medical analytics, and vendor strategy to improve outcomes for self-funded groups and stop-loss carriers. Doctor of East Asian Medicine with deep insight into resilience, systems thinking, and preventative care. Skilled in bridging actuarial logic with whole-person wellness solutions.

EDUCATION

2018

**DOCTOR OF ACUPUNCTURE
AND CHINESE MEDICINE
(DACM)**
PACIFIC COLLEGE

2016

**MASTERS TRADITIONAL
ORIENTAL MEDICINE (MTOM)**
EMPERORS COLLEGE
Summa Cum Laude

2009

**BA ART HISTORY
BA MEDICAL ANTHROPOLOGY**
UNIVERSITY OF SOUTHERN
CALIFORNIA
Summa Cum Laude
Phi Beta Kappa

CERTIFICATIONS & AFFILIATIONS

- Certified - HealthCare Risk Management (ASHRM)
- Licensed Acupuncturist & Herbalist (CA)
- NCCAOM - Board Certified Acupuncturist
- Member, Association for Transformational Leaders SoCal

TECH STRATEGY TOOLS

- AI-Driven Risk Strategy Tools
- Medical claims analysis & coding interpretation. Data-informed underwriting support
- RFP & renewal reporting tools
- Adobe Suite

PROFESSIONAL EXPERIENCE

2019 - Present

DIRECTOR OF RISK MANAGEMENT

Cost Contained Healthcare Innovations (CCHI RE)

- Integrated AI platforms to detect catastrophic claims early, enabling proactive payor engagement and financial planning before major billing events.
- Designed statistical and predictive models to support stop-loss renewals, RFP submissions, and underwriting strategies.
- Partnered with specialty vendors to reduce large-dollar losses and pharmaceutical spend, improving plan performance for self-funded groups and stop-loss carriers.
- Translated medical code data from TPA reports into actionable wellness and prevention strategies for employer groups.
- Maintained and optimized a high-performing portfolio of cost containment vendors and clinical service providers.
- Designed and implemented wellness programs for high-performing executive teams, integrating performance metrics and preventative care.

2017 - Present

INTEGRATIVE CARE STRATEGY CONSULTANT

- Advised interdisciplinary teams on designing integrative care protocols that bridged Eastern and Western modalities.
- Introduced systems-level analysis and pattern recognition to improve care delivery models and clinical decision-making.
- Advised interdisciplinary teams on designing integrative care protocols that bridge Eastern and Western modalities.

2017 - 2020

DOCTOR OF EAST ASIAN MEDICINE PRIVATE PRACTICE

- Founded and ran a successful private clinic delivering integrative care across Chinese medicine, functional medicine, and sports medicine modalities.
- Treated a wide range of patients, including elite athletes, with a focus on resilience, prevention, and long-term vitality.
- Gained first-hand insights into patient behaviors, chronicity trends, and system inefficiencies—informing future strategy work in health risk and cost containment.